

DEMAREST DIGEST

Official Borough Newsletter
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Mayor's Message

Memorial Day (May 26) – Please join us in honoring the sons and daughters who gave their lives, so we may enjoy the freedoms we have today. The annual Demarest Memorial Day parade will begin at 9:00 AM on Monday, May 26 at the Demarest Library and proceed east on Hardenburgh, north on Piermont, east on Northwood, south on High and west on Hardenburgh to the war memorial in the park. The ceremony will immediately follow the parade.

2014 Budget – On April 28, the governing body adopted a budget that calls for an increase in the municipal tax rate from \$0.502/\$100 assessed value to \$0.509/\$100 assessed value. This will result in an increase of \$55 on the average home assessed at \$730,000. The increase by the library will result in an additional \$7 on average. Local school, regional school and county tax rates are not currently available. Some noteworthy details of the budget are as follows:

- An increase in the amount raised by municipal taxes \$163,128 (nearly \$38,000 under the tax cap allowed by the state). Approx. 40% of this is for anticipated wage increases.
- **Decreased revenues** of \$11,200 anticipated from Bergen County for snow removal.
- **Decreased revenues** anticipated from construction fees of \$18,700 from 2013.
- **Decreased revenues** of \$17,000 from the NVRHS for crossing guards.
- **Decreased expenditure** of \$16,100 from surplus.
- **Increased surplus** at year end 2013 by \$274, 373.
- **Decreased debt service payments** by \$43,460.
- **Decreased expenditures** for insurance (liability, health worker's comp) of \$73,450.
- **Decreased pension and social security payments** of \$32,977.

The Borough is in better financial 'health' because of the many tough decisions made over the last three years. Despite less revenue anticipated and state aid remaining the same, the Borough is well positioned to meet the needs of the future if we "stay the course" of holding the line on expenditures, and implementing efficiencies in the operations of the Borough. Debt payments declined and will decrease in future years, assuming no new extraordinary debt, as we consolidated much of our debt into a 15-year bond at a rate of just over 1.6%.

NJ Council on Affordable Housing – New rules were proposed and will be formally published on June 2nd with comments due by July 2nd. Your governing body and applicable professionals will be reviewing what impact these new rules for affordable housing may have on the Borough.

Present and Immediate Future Tasks

- **Road Paving Projects for Unpaved Roads**– Letters should be sent out shortly be sent by the Public Works council committee to residents for the final determination by the residents of those streets as to whether or not they wish to have their road paved.
- **Zoning Amendments** – The Ordinance committee has been tasked to propose revisions to zoning regulations that are intended to simplify applications and remove ambiguity from several regulations. The proposed amendments may also 'encourage' more architectural design in new housing units.

I thank those residents who responded to my message on volunteers in the last newsletter. I am encouraged by those Demarest residents who continue offering their services.

On behalf of the governing body, I wish you a very Enjoyable and Safe summer!

Sincerely,
Ray Cywinski

DEMAREST PUBLIC LIBRARY

Library Summer Hours – Jul 1 – September 6

Monday & Thursday 9 am – 8 pm
Tuesday, Wednesday, Friday 9 am – 5 pm
Closed Saturdays & Sundays

STRATEGIC PLANNING COMMITTEE

Strategic Planning Committee is looking for “Young Professionals” to participate in a focus group on library services in Demarest. Please Contact Library Director Edna Ortega@ortega@bccls.org or Board President Margaret Shapiro@hotmail.com

Check the library web site at demarest.bccls.org for Children’s Room Schedule and event calendar.

Join our new Children’s Room Newsletter by sending your name, e-mail address and library card number to Miss Kate@kate.gorman.bccls.

On May 16, Orla Cassidy joined the library staff as the library’s Instructional Technology Librarian. Orla received her MLS in May and we are so happy she will be working with us.

Fizz! Boom! Read!

On June 23, kick off your summer with an “electrifying” summer reading program at the library! This year’s summer reading program is all about “Fizz, Boom, Read” and the library is inviting you to participate in some “shockingly” fun programs for the summer. “Fizz, Boom, Read” is our library’s reading incentive program; for every ten books/chapters a participant reads their names will be entered into the end of summer raffle. The program is open to all Demarest residents ages 3 to 14.

We’ll also be running some “jolting” programs throughout the summer: Storytimes, Arts & Crafts, Friday Movies, and of course our new MakerSpace programs! The fun won’t stop at the library. Make sure to register with Miss Kate in the Children’s Room! For further questions and to register for upcoming children’s room events come in or e-mail kate.gorman@gmail.com

DEMAREST MUNICIPAL COURT

The court dates for the next three months are June 10th, July 8th and August 12th. If you are pleading **NOT GUILTY** you must notify the court and a court date will be assigned to your case. For more information call 201-768-1160. Please note: tickets can be paid online at www.njmcdirect.com.

BOARD OF HEALTH

Pet Safety Tips

On an average summer day, the temperature of a car in the sun can reach an unbearable 160 degrees. Nine out of ten dogs die of heat prostration within 20 minutes, even with the windows partly open. If your dog is fortunate enough to survive, his heart and lungs can be permanently damaged—damage you cannot see, but which he must live with for the rest of his life. Your pet cannot perspire through his skin as people do; his lungs are his only cooling system. With nothing but overheated air to breathe, he cannot live very long. Please, if you love your dog, leave your pet at home in the shade.

LYME DISEASE

TIPS FOR PERSONAL PROTECTION

1. Avoid tick-infected areas, especially in May, June, July & August.
2. Wear light-colored clothing so that ticks can be spotted more easily.
3. Tuck pant legs into socks or boots & shirt into pants.
4. Tape the area where pants & socks meet so that ticks cannot crawl under clothing.
5. Use insect repellent containing DEET or picaridin.
6. Spray insect repellents containing permethrin on clothing only.
7. Wear a hat & long-sleeved shirt for added protection.
8. Walk in the center of trails to avoid overhanging grass & brush.
9. After being outdoors, remove, wash & dry clothing at a high temperature, inspect body carefully & properly remove any attached ticks.
10. Clear brush & tall grass around house & at the edges of gardens.

DEMAREST BUILDING DEPARTMENT

In order to rent or sell your home a Certificate of Continued Occupancy is required. You must complete the application, pay the required fees and have the home inspected prior to any change in Occupancy or Ownership. This process takes approximately 4 to 6 weeks, so make sure you allow ample time. Any questions please call 201-768-3398

DEMAREST GARDEN CLUB

Thank You!

The Demarest Garden Club wishes to thank the many supporters of our recent and successful plant sale. The funds raised make possible the club's sponsorship of many special programs in the community such as the recent Demarest Middle School 5th Grade Environmental Day and the Northern Valley Regional High School Senior Service work in the Davies Arboretum.

Annual 5th Grade Environmental Day

Once again the 5th Grade event was co-hosted by the Demarest Garden Club and the Demarest Environmental Commission. The students joined us at the Duck Pond for a presentation on the importance of clean water and plant pollination. They also planted flowers to beautify the Flag Pole/Memorial areas and provide hummingbirds, bees and butterflies with nectar plants for sustenance and pollination.

Summer Meetings, Social Activities and Field trips

Members and invited guests are welcome.

June: Pot-Luck Picnic Luncheon and Installation of Club Officers.

Summer Activities: Field trips to public and private gardens throughout the tri-state area for garden tours.

Davies Arboretum Civic Project

The garden club oversees Davies Arboretum at 49 Anderson Avenue. Club Members meet on Wednesday mornings 9 - 11 A.M., from March to October, weather permitting. Prospective members are welcome to join us and participate in garden related activities to maintain flowering trees, shrubs, annuals, perennials and bulbs. The arboretum project was established in 1977 and is funded by the garden club and community donations of money, ideas, and service. Your tax-deductible donations to the Demarest Garden Club earmarked for the arboretum are appreciated.

Membership

Membership in the Demarest Garden Club is open to all local gardeners, male and female, from any town. Annual dues are \$25 and include membership in the Garden Club of New Jersey. For more information or to join, attend our monthly public meeting, contact us at our website www.DemarestGardenClub.org or call Membership Chair Elisabeth Evans at 201-768-0263.

DEMAREST SENIOR CLUB

SEEKING NEW MEMBERS

The Demarest Senior Club is looking for new members to join them. The club meets the second and fourth Fridays of each month at the Demarest Railroad Depot at 1pm. Refreshment are served at the meeting. All citizens of Demarest who are 60 years young and older are invited to join our club.

On the second Friday, Demarest Public Health nurse does a free blood pressure and wellness clinic from 12pm-1pm.

For more information about joining the Demarest Senior Club, please contact Jane Strohmeier at 201-768-3629.

SCHOOL CROSSING GUARDS NEEDED

If anyone is interesting is becoming a crossing guard, please contact Police Chief Powderley at 201-768-1540.

DEMAREST NATURE CENTER

Nature Photography Contest deadline date is June 8th. Bring your photo entries to the **Demarest Free Public Library**. All photos must be taken in the Demarest Nature Center. See our website www.demarestnaturecenter.org for contest details. Winners will be announced at Breakfast in the Woods.

Breakfast in the Woods, Saturday, June 14th next to the Imaginative Playground in Wakelee Field. Breakfast served al fresco, starting at 9 a.m. Made-to-order omelettes, bagels, danish, hot beverages, O.J., etc. All at no charge! After our photo contest **CASH PRIZE** winners are announced at 10:30. We'll all be entertained by **Outragehiss Pets**, a presentation of several live, exotic animals. Rain date **June 15th**.

September 20th: Trial of the Trails – 5K Trail Run and 1 Mile Fun Run on the trails of the nature center. Registration opens at 8 a.m. at Wakelee Field Playground parking lot. Rain or Shine. Download registration form and map from our website.

So, if you're new in town, and/or you're a runner or walker, the nature center has the coolest trails in town. Summertime is a great time to follow a DNC trail, to get to your tennis match, the playground, or the swim club.

DEMAREST FIRE DEPARTMENT

Fire Safety: Spring/Summer tips.

- * Spring cleaning? Please don't leave rags, clothing, paper or flammable liquids near any heating systems or water heaters. Fumes could be ignited by pilot lights or flame from these units. Also, keep area WELL VENTILATED.
- * Check the grill before using for damaged hoses, valves and leaks. Keep grills at LEAST 4 FEET from the home when in use! Watch the kids. Hot grills can cause severe burns.
- * Don't run any lawn or yard equipment in the garage or basement. You risk serious injury from carbon monoxide poisoning or fire
- * Keep candles out of reach of children and away from drapes, curtains or other flammable material. Be sure candles are extinguished before leaving the house or going to bed.
- * Adopt a hydrant! Please keep any fire hydrants on or near your property clear of branches and debris. Valuable time may be wasted while the fire department clears debris in order to make a connection to a hydrant and provide water to fight a fire.
- * Easy to read, well lit house numbers will help us to find your home faster in case of an emergency.
- * Going away? Please contact the Police Department and leave a key, or leave one with a trusted neighbor along with a phone number. If there is an alarm at your home while you are away, this will avoid damage in case we have to make entry to check out the cause of the alarm.
- * CHECK YOUR SMOKE and CARBON MONOXIDE DETECTORS at least once a month!
- * Need advice on where/how to install detectors? Call us or stop by the Fire House.

FUND DRIVE

Our annual FUND DRIVE is in progress. If you haven't responded we encourage you to do so. Any contribution, big or small is appreciated. Without your financial assistance, many of our programs, such as the annual Fire Safety and Poster contest at the schools may have to be eliminated.

MEMBERSHIP

Note: The Demarest Fire Department is a volunteer organization that has been providing service to the community since 1894. We respond to over 300 calls a year. In addition, our members devote countless hours on training, equipment maintenance and other duties. We work hard and take a lot of pride in what we do. New members are always needed. If you don't have the time or desire to become a regular Fire-Fighter, you can still help us by joining as an Auxiliary Member. Auxiliary members are a valuable asset to the department. Auxiliary Members receive basic training at the Fire House under the tutelage of senior members. Although not involved in actual firefighting, Auxiliaries provide help at the fire house and also provide assistance at fire scenes and other emergencies. Stop by the Fire House any Sunday morning or a Tuesday night to learn more about how you can become a volunteer!

DEMAREST POLICE DEPARTMENT

The Demarest Police Department would like to remind all residents that it is now mandated that operators of a motor vehicle must stop for pedestrians in the crosswalk. For additional information regarding this law, you can refer to NJ State Statute 39:4-117.

Below are some safety tips for walkers

- * Wear bright-colored, reflectorized clothing, especially at night.
- * Walk on sidewalks or paths and always cross at the corner, within marked crosswalks if provided. If there are no sidewalks, walk facing traffic and make eye contact with motorists.
- * Never cross mid-block (unless within a marked crosswalk), between parked cars or by climbing over median barriers. This is not only unsafe, but against the law.
- * Look left, then right and left again before crossing, and always be on the look-out for turning vehicles.
- * Continue to look for vehicles while crossing, even when in marked crosswalks.
- * Learn the proper use of "walk/don't walk" signals and obey them.
- * Walk and cross with others, when possible.
- * Do not attempt to cross while talking or texting on a cell phone. Pedestrian inattention is a common cause of pedestrian-motor vehicle conflicts.
- * Try not to walk at night or in bad weather such as rain, snow or ice.
- * If you drink alcohol, have someone escort you to your front door.

BICYCLE SAFETY

The Demarest Police Department would like to remind parents that under the New Jersey Statute 39:4 10.1 they are responsible to see that their children have and wear bicycle helmets for cycling, roller skating, in-line and skateboarding. Children under the age of 17 MUST wear helmets. Parents may be given a summons if their children do not use helmets as required

DEMAREST AMBLUANCE CORPS

Spring & Summer Safety Tips

Powered and unpowered tools and equipment can cause serious injury. Limit distractions, use chemicals and equipment properly, and be aware of hazards to lower your risk for injury.

- * Follow instructions and warning labels on chemicals and lawn and garden equipment.
- * Make sure equipment is working properly.
- * Sharpen tools carefully
- * Keep harmful chemicals, tools, and equipment out of children's reach.
- * Wear safety goggles, sturdy shoes and long pants to prevent injury when using power tools and equipment.

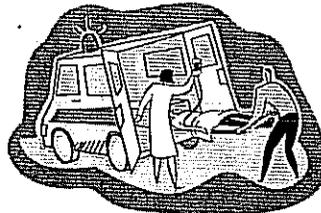
Know Your Limits In The Heat

Even being out for short periods of time in high temperatures can cause serious health problems. Monitor your activities and time in the sun to lower your risk for heat-related illness.

- * If you're outside in hot weather for most of the day you'll need to make an effort to drink more fluids.
- * Avoid drinking liquids that contain alcohol or large amounts of sugar, especially in the heat.
- * Take breaks often. Try to rest in shaded areas so that your body's thermostat will have a chance to recover. Stop working if you experience breathlessness or muscle soreness.
- * Pay attention to signs of heat-related illness, including extremely high body temperature, headache, rapid pulse, dizziness, nausea, confusion, or unconsciousness.
- * Watch people who are at higher risk for heat-related illness, including infants and children up to four years of age; people 65 years of age or older; people who are overweight; people who push themselves too hard during work or exercise; and people who are physically ill or who take certain medications (i.e. for depression, insomnia, or poor circulation).
- * Eat healthy foods to help keep you energized.

We are the Demarest Volunteer Ambulance Corp. We need YOUR help so we can CONTINUE to help others in our small community. Please consider joining. We cover education costs. Become a First Responder Driver or EMT.

If you cannot donate your time, please consider making a donation. No amount is too small. We exist because of your kind donations. You can contact us at 201-767-8050. Our address is P.O. BOX 131 DEMAREST NJ 07627



Borough of Demarest
118 SERPENTINE ROAD
DEMAREST, NEW JERSEY 07627

PRSR STD
US POSTAGE PAID
Permit No. 230
Paramus, NJ

ECRWS
POSTAL PATRON
DEMAREST, NEW JERSEY 07627



SUMMER CALENDAR OF EVENTS

- May 26 Memorial Day Parade; 9:00am*
- May 27 Mayor & Council meeting; 8:00pm; Council Chambers*
- June 3 Primary Day; Polls open from 6am-8pm*
- June 6 Demarest Swim Club Swim & Dive teams registration; 5pm-7pm @ Wakelee Field House*
- June 8 Demarest Nature Center Photo Contest Deadline*
- June 9 Mayor & Council meeting; 8:00 pm; Council Chambers*
- June 10 Municipal Court; 6pm; Council Chambers*
- June 14 Demarest Nature Center "Annual Breakfast in the Woods", 9-11am*
- June 14 Flag Day*
- June 23 Mayor & Council meeting; 8:00 pm; Council Chambers*
- July 4 Independence Day (238th Birthday of the United States of America)*
- July 8 Municipal Court; 6pm; Council Chambers*
- July 14 Mayor & Council meeting; 8:00 pm; Council Chambers*
- July 28 Mayor & Council meeting; 8:00 pm; Council Chambers*
- August 11 Mayor & Council meeting; 8:00 pm; Council Chambers*
- August 12 Municipal Court; 6pm; Council Chambers*
- August 25 Mayor & Council meeting; 8:00 pm; Council Chambers*
- September 20 DNC Demarest Nature Center 1 mile Trail Fun Run & 3.1 Mile Trail Run, 8am Registration*
- October 11 Oktoberfest sponsored by Demarest Nature Center; 10am @ the Duck Pond*



DEMAREST SWIM CLUB

The Demarest Swim Club is now accepting new applications for its upcoming 2014 season. As the club prepares for the long summer days that lie ahead, you too can plan to bask in the sun or shade, and enjoy the expansive grounds and three pools. Other amenities for your enjoyment include a variety of games and activities such as ping pong, volleyball and of course the snack shack for summer fare. Children are also welcome to register for the DSC Swim and Dive teams on June 6th from 5-7pm at the Wakelee Field House. Whether it's exercise, competition, socializing or just rest and relaxation, it all adds up to a summer of fun and memories at the Demarest Swim Club. Check out our website www.demarestswimclub.com or call Jennifer Anavim at 803-2740 or Rich Gordon 750-3350.

3rd Annual Triathlon

The 3rd Annual event will be held on Saturday, June 7th starting time at 7:30am at the Demarest Swim Club. Each participant will receive a race shirt and goodie bag. The participant will be doing a 300 meter swim, 12 mile bike and 5k run. The event will benefit the Demarest Swim Club and the Special Operations Warrior Foundation a top-rated non-profit organization benefiting service members and their families.

For more information and to register please go to www.demarestswimclub.com or raceforum.com. Please contact Energizeric185@aol.com with questions.

DEMAREST HISTORICAL SOCIETY

The following is information from the Demarest Historical archives. Collection of what may seem to be trivial at the time is always interesting when viewed in another time period. We always look for and welcome remembrances of Demarest's past, even yesterday.

Since the hourly wage rate has been in the news lately a look back at the wages of railroad personnel is a marked contrast to 2014 salaries. Our town's ticket agent lived in Demarest for many years.

Erie Railroad Company Salaries

Agent Operator @ Demarest, NJ: Fred Shield, Sr.

- November 1917- \$70 a month + express commission -12 hours a day
- April 1919- \$.53 per hour + express commission-8 hours a day
- February 1922- \$.66 per hour + express commission-8 hours a day

ART SCHOOL AT OLD CHURCH

The Art School at Old Church is keeping cool in the studios with a summer session of art classes in northern New Jersey. Registration is now underway for classes and workshops beginning June 23. Classes are available for students of all levels to explore a variety of art forms. The Art School offers courses and workshops led by excellent instructors in fully functioning studios for ceramics, printmaking, metalsmithing and flame-worked glass. In addition to a wide variety of classes offered to kids in the Young Artists Program, the four studios for clay, metal, glass and more, the Art School also engages local artists with courses in traditional drawing and painting.

Weekly youth classes are available after school and on Saturdays for kids and teens ages 6 through 15 years old. The summer program also features two one-week sessions of BLAST of Art! for kids, a summer art intensive offered August 11-15 and Aug 18 - 22. Young artists in the area can enroll in up to three daily courses for an art-filled summer. BLAST of Art! Courses are offered with snack and lunch breaks from 9:00 AM - 2:30 PM in sculpture, drawing, painting, ceramics, cartooning and much more.

Enroll in a ceramics course to learn beginner and advanced skills, starting with "*Cone Six: You Can Do It*". Stretch your imagination in "*Terracotta Garden Pot: Italian Style*", where students integrate decorative elements into functional vessels. Learn clay handling techniques and create expressive vessels like the artisans of the ancient world!

Sculpting the human figure in clay is another great way to take part in this great local resource for firing and glazing clay. In the *Figure Abstracted*, individuals respond to poses by live models, resulting in several small sculptures that celebrate movement and form.

Find your personal style in an intermediate and advanced class titled *Painting & Drawing: A Guided Exploration*. In-class critiques and investigation of what contemporary artists of the last two centuries worked to achieve lead the individual ever closer to their own developed vision. Learn to study the letterforms of the italic cursive alphabet in a new course entitled "*The Art of Calligraphy*". Learn to explore the control of lighting for mood and beauty in "*Lighting for Photography*".

Enrich or develop an interest in creative art this summer! Individuals can browse the catalog online at www.tasoc.org or call (201) 767-7160 for a printed catalog of course offerings. Call or stop by to pick up a catalog and see the studios at the Art School at Old Church, 561 Piermont Road, Demarest, NJ.