

# DEMAREST JOURNAL



Official Borough Newsletter  
Volume 43 No. 2 June 2011

## MAYOR'S MESSAGE

Dear Demarest Residents,

### 2011 Budget

By the time you receive this newsletter, your governing body will have voted on adopting the 2011 budget that we introduced in March. After many meetings by the governing body, numerous discussions with union personnel, difficult decisions as to salaried and hourly employees, reductions in every department, your governing body introduced a budget that was within the 2% tax cap levy. We avoided going to referendum (a new procedure put in place by the state this year) by reducing a budget proposed in January that was over \$1.2 million dollars more than what was spent in 2010. The original proposed budget **would have** resulted in a municipal tax increase (excluding schools and county) of \$685 on the average home assessed at \$710,000. I recommended that the council members consider suspending, for one year, the municipal open space tax of \$0.01/\$100 of assessed value (or \$71 on the average assessed house) in order to lessen the burden on the property owners. I based this recommendation on the fact that there are no properties proposed for purchase of open space and the current balance in the open space fund. The council unanimously agreed to suspend the open space tax for one year and the resulting budget as introduced will result in an increase of \$124 on the average house.

My thanks go out to all of our employees for their understanding and cooperation in helping to get the Borough through this difficult financial time. As some of the measures taken are temporary, bringing in a fiscally responsible budget in 2012 may be just as trying if not more difficult than this year. Your elected officials will continue to work this year on budgetary issues that will help us in 2012.

## Memorial Day – May 30, 2011

Please consider joining us on Monday May 30, 2011 as we hold our annual Memorial Day parade and remembrance for those men and women who have served our country and given their lives for our freedoms. Our parade starts at 9:45am at the Demarest library and ends at the Duck Pond. This day in Demarest and around our country is always one that makes one feel proud to be an American and it is the least we can do to remember those who have given the ultimate sacrifice for us.

### A Sense of Community

As I have spoken to many members of our town, I note the desire to promote a greater sense of community. We have many residents who volunteer on boards, committees and commissions, although the number of volunteers has been decreasing. Please consider volunteering in town. There are many opportunities; ambulance corps, sports programs, fire department, library and senior programs, to name a few. If joining an organized committee isn't for you, how about helping someone on an occasional basis in your own neighborhood – perhaps a senior citizen. Help someone with their trash containers, pick up those weekly newspapers piling up in a driveway or front yard, clear a walkway of snow (thank goodness we don't have this to deal with for another 6-7 months), or a myriad of small tasks. You will feel good, the person you help will appreciate your assistance and these small gestures strengthen our community. I have seen random acts of kindness by residents and I hope these acts of kindness are infectious. Demarest pride – human pride – not just words, but actions to live by.

*Sincerely,*

*Raymond Cywinski*

*201-767-7441 (Evenings and weekends)*

## DEMAREST BOARD OF HEALTH

### **Pet Safety Tips**

On an average summer day, the temperature of a car in the sun can reach an unbearable 160 degrees. Nine out of ten dogs die of heat prostration within 20 minutes, even with the windows partly open. If your dog is fortunate enough to survive, his heart and lungs can be permanently damaged—damage you cannot see, but which he must live with for the rest of his life. Your pet cannot perspire through his skin as people do; his lungs are his only cooling system. With nothing but overheated air to breathe, he cannot live very long. Please, if you love your dog, leave your pet at home in the shade.

Check out the Demarest website for information on Eat Right-Food, Nutrition & Health Tips for all age groups.

### CHILDREN HEALTH CARE

The Board of Health offers a FREE monthly well/child clinic (Child Health Conference) for all infants and children, from birth to age six, who are *without* health insurance or well visit coverage through their insurance company.

This service provides

- Complete physical exam
- All required immunizations
- Health referrals and counseling
- Educational literature

The Child Health Conference services are monthly from September through June at Hillsdale Borough Hall located at 380 Hillsdale Ave. in Hillsdale. Appointments are required. For further information call Lois Kohan, Public Health Nurse at 201-666-4800 ext. 1528 to make an appointment. Proof of residency will be required.

### DEMAREST AMBULANCE CORP

#### **WE NEED MORE HELP**

The ambulance corps is being run by a small group of people, who give more than double the amount of time that is needed for this corps to function.

We are looking for:

**STUDENTS 16 YEARS AND OLDER (GREAT FOR COLLEGE RESUMES), AT HOME MOMS AND DADS, RETIREES** or anyone who can donate a few hours during the day.

*Please contact us at 201-767-8050*

## DEMAREST SENIOR CENTER

All activities are held at the Railroad Depot. We welcome all residents and neighbors ages 55 and above. Monthly meetings are held on the 3rd Friday of the month. All activities except Arts & Crafts will be held daily except Tuesday, from 1-4:30pm.

A monthly trip to Atlantic City is held on the third Tuesday of each month at a cost of \$25.00. The trip departs from the United Methodist Church.

### **STAINED GLASS CLASS**

All Senior Citizens are welcome to join our Stained Glass Class on Fridays to discover the talent you did not know you had. All classes are directed by a super instructor, Mr. Luhrsen, and the materials are free. The class is held at the Railroad Depot. Surprise yourself!! Many thanks to Mr. Luhrsen, who does our monthly bulletin, for his wonderful News and Art Work.

### DAY TRIP

Hunterdon Hills Playhouse on Thursday, July 14th for lunch and a Show "Unforgettable...The Music of the 20th Century". Departing time is 9:15am from the Methodist Church. For more information call Grace @ 201-768-1783.

### LYME DISEASE

#### TIPS FOR PERSONAL PROTECTION

1. Avoid tick-infected areas, especially in May, June, July.
2. Wear light-colored clothing so that ticks can spotted more easily.
3. Tuck pant legs into socks or boots & shirt into pants.
4. Tape the area where pants & socks meet so that ticks cannot crawl under clothing.
5. Use insect repellent containing DET or picaridin.
6. Spray insect repellents containing permethrin on clothing only.
7. Wear a hat & long sleeved shirt for added protection.
8. Walk in the center of trails to avoid overhanging grass & brush.
9. After being outdoors, remove, wash & dry clothing at a high temperature, inspect body carefully & properly remove any attached ticks.
10. Clear brush & tall grass around house & at the edges of gardens.

## Academy of the Holy Angels

### SUMMERFARE

Summer FUN with a purpose! Creative courses designed ESPECIALLY FOR GIRLS in grades 5-8 in the Arts, Academics, Communications, Crafts, Dance & Technology. There will be two sessions: June 27-July 1 and July 5-July 8. Morning Classes will be from 10am to 12pm and afternoon classes from 12:30pm – 2:30pm. PLUS: Intensive COOP Admission Exam Review: 8am – 10am. For more information please contact us at 201-768-7822 or visit our website at [www.holyangels.org](http://www.holyangels.org).

AHA Basketball – Sue Liddy’s Annual Individual Basketball Camp for Girls!!! AHA – under the direction of Coach Liddy has been Bergen County Champions 5 times!!! Coach Liddy’s Basketball camp is for girls in 5<sup>th</sup> through 10<sup>th</sup> grade and will run June 27<sup>th</sup> to July 1<sup>st</sup>, 2011 from 9am to 1:30 pm at The Academy of the Holy Angels located at 315 Hillside Avenue Demarest, NJ. For further information you may contact Coach Liddy at [sliddy@holyangels.org](mailto:sliddy@holyangels.org) or by calling 201-768-7822 ext. 265 or by going to <https://sites.google.com/site/sueliddybasketballcamp/home>.



The Demarest Swim Club is now accepting new applications for its upcoming 2011 season. As the club prepares for the long summer days that lie ahead, you too can plan to bask in the sun or shade and enjoy the expansive grounds and three pools. Other amenities for your enjoyment include a variety of games and activities such as ping pong, volleyball and of course the snack shack for summer fare. Children are also welcome to register for the DSC Swim and Dive teams on June 10<sup>th</sup> from 6pm to 7pm at the Wakelee Field House. Whether it’s exercise and competition, socializing or just rest and relaxation, it all adds up to a summer of fun and memories at the Demarest Swim Club. Checkout our website [www.demarestswimclub.com](http://www.demarestswimclub.com) or call Jennifer Anavim at 767-4502.

## DEMAREST SUMMER RECREATION CAMP

Do you want your child to have a fun-filled summer? Then sign up now for the Demarest Summer Recreation camp. Our six week summer program is offered to children ages 4-up. Camp includes daily special events, arts & crafts, sports, water activities, trips and more! Some of our special events include Water Works Day, Ping Pong Tournament, Halloween in July and much, much more. Don’t miss the fun, registration is taking place now. Registration forms are available at the Demarest Borough Hall. Mail-in registration is accepted until June 13<sup>th</sup>. After June 13<sup>th</sup> there will be a late charge fee of \$100.00. Camp takes place from June 27<sup>th</sup> – August 5<sup>th</sup> from 9:00am to 1:00pm. Camp is held rain or shine. This program is offered to both Demarest residents and non-residents. The cost for Demarest residents is \$450.00 and for non-residents it is \$550.00. If you have any further questions, please feel free to call Jackie DiNuzzo-Sicheri at 201-768-0167 ext. 15.

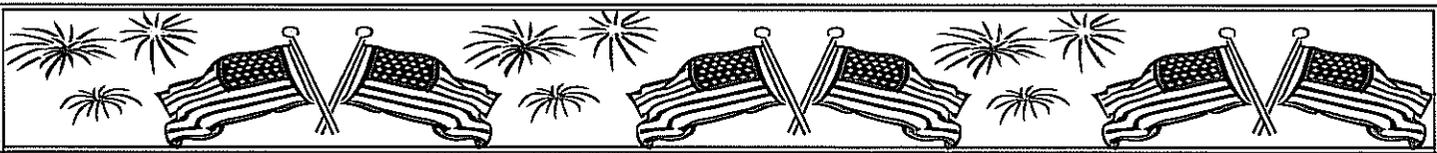
## DEMAREST MUNICIPAL COURT

Did you know that fines can be paid on line at [www.njmcdirect.com](http://www.njmcdirect.com)? The municipal court accepts payments 10am to 2pm Monday through Friday. Court is held the second Tuesday of every month. The dates for this quarter are June 14<sup>th</sup>, July 12<sup>th</sup>, August 9<sup>th</sup> and September 13<sup>th</sup>.

## ART SCHOOL AT OLD CHURCH

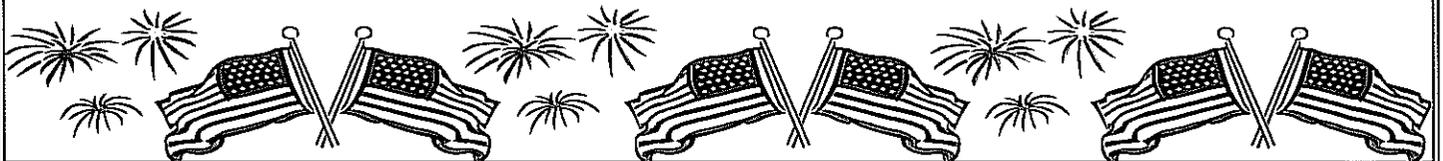
Our Thrift Shop, a community-based thrift store on Old Hook Road in Westwood, opened its doors in December 2007, with a mission to serve the public by providing quality items at affordable prices, and to benefit the Art School at Old Church, a non-profit arts and cultural center in Demarest. Since then, the thrift shop has been a great source for high-quality seasonal clothing, accessories, jewelry, shoes, books, knick-knacks, electronics, small appliances and other home goods.

Our Thrift Shop is located at 245 Old Hook Road in Westwood. Store hours: Monday-Friday, 10-4 and Saturday, 10-3.



**SUMMER CALENDAR OF EVENTS**

- May 30*                      *Memorial Day Parade; 9:45am*
- June 7*                        *Primary Day; Polls open from 6am-8pm*
- June 10*                      *Demarest Swim Club Swim & Dive teams registration; 6pm-7pm  
@ Wakelee Field House*
- June 11*                      *Demarest Nature Center "Annual Breakfast in the Woods", 9-11am*
- June 13*                      *Mayor & Council meeting; 7:30 pm; Council Chambers*
- June 14*                      *Flag Day*
- June 27*                      *Mayor & Council meeting; 7:30 pm; Council Chambers*
- July 4*                        *Independence Day (235th Birthday of the United States of America)*
- July 11*                      *Mayor & Council meeting; 7:30 pm; Council Chambers*
- July 14*                      *Demarest Senior trip; Hunterdon Hills Playhouse "Unforgettable...The  
Music of the 20th Century"*
- July 25*                      *Mayor & Council meeting; 7:30 pm; Council Chambers*
- August 1*                     *Mayor & Council meeting; 7:30 pm; Council Chambers*
- August 15*                   *Mayor & Council meeting; 7:30 pm; Council Chambers*
- September 17*             *DNC Demarest Nature Center 1 mile Trail Fun Run & 3.1 Mile Trail Run,  
8:45am Registration*
- October 15*                 *Oktoberfest sponsored by Demarest Nature Center; 10am @ the  
Duck Pond*



**BOROUGH OF DEMAREST  
RECYCLING**

**MIELE SANITATION  
201-768-5407**

**LIST OF ACCEPTABLE MATERIALS**

**COMMINGLED CONTAINERS**



**GLASS BOTTLES  
(GREEN, CLEAR, BROWN)**



**ALUMINUM CANS**



**TIN & BI-METALLIC  
CONTAINERS  
(INCLUDING AEROSOL CANS)**



**PLASTIC CONTAINERS  
PET Plastic #1    PP Plastic #5  
HOPE Plastic #2    PS Plastic #6  
LDPE Plastic #3    Other Plastic #7**



**MILK CARTONS**



**JUICE BOXES**

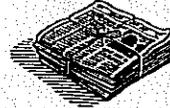


**ALUMINUM FOIL  
(Pie Plates)**



**WHITE REFRIGERATED/FROZEN  
FOOD CONTAINERS  
(eg: frozen vegetables)**

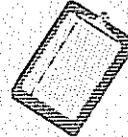
**COMMINGLED PAPER**



**NEWSPAPER**



**WHITE ENVELOPES**



**WHITE & COLORED LEDGER  
(OFFICE PAPER)**



**KRAFT PAPER  
(BROWN GROCERY BAGS)**



**NOTEBOOK PAPER**



**CONSTRUCTION PAPER**



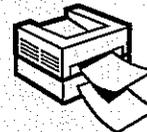
**SOFT COVERED WORK-  
BOOKS, TELEPHONE &  
PAPERBACK BOOKS**



**MAGAZINES &  
CATALOGS**



**JUNK MAIL  
(Incl. Envelopes & Coupons)**



**COMPUTER PRINTOUT &  
FAX/PHOTO COPY PAPER**



**CHIPBOARD/BOXBOARD  
CORRUGATED CONTAINERS**

**DEMAREST NATURE CENTER**

**May 14 Spring Nature Walk, 9:30 a.m.**, guided by our local Naturalist Marc Gussen afterwards stick around for **Volunteer Day, 10:30 a.m.**, both departing from Wakelee Field Playground parking lot. Bring gloves and we'll supply trash bags so you can clean up litter, maintain trails, or do a special project. Rain date May 15.

**May 27** Deadline for submission of **Photo Contest** entries at Bank of America branch in downtown Demarest. All photos must be taken in the nature center. See newsletter or website for details.

**June 11 Breakfast in the Woods, 9 a.m. to 11 a.m.**, next to the Imaginative Playground. Made-to-order omelets, bagels, O.J., etc—all free. Also: Live music and announcement of Photo Contest winners plus a live animal show. Rain date June 12.

**Sept. 17 "TRIAL OF THE TRAILS" 1-mile Trail Fun Run, 9 a.m.**, and **5K Trail Run, 9:20 a.m.**, on the trails of the nature center. Registration opens at 8 a.m. at Wakelee Field Playground parking lot. Rain or shine. Download applications and maps from our website.

**Oct. 15 Craft Show at Oktoberfest, Duck Pond, 10 a.m. to 5 p.m.** The happiest day of the year in Demarest! Excellent crafts for sale, German and Korean food, canoes, inflatable rides, etc. Rain date Oct. 22.

**BUILDING DEPARTMENT**

In order to rent or sell your home a Certificate of Continued Occupancy is required. You must complete the application, pay the required fees and have the home inspected prior to any change in Occupancy or Ownership. This process takes approximately 4 to 6 weeks, so make sure you allow ample time. Any questions please call 201-768-0167 ext# 12.

**DEMAREST GARDEN CLUB**

**■ Annual Plant Sale**

Thank you all who supported our May 6 -7 annual plant sale fund raiser. Proceeds from the plant sale finance our efforts to offer interesting speakers on garden-related topics at selected public club meeting, fund planting and other gardening projects with youth and released time high school seniors, support planting plans at the downtown Railroad Station and Davies Arboretum, and finance creation and delivery of Meals on Wheels tray favors to Demarest and other local area elderly shut-ins.

**■ Summer break**

The May plant sale marks the end of monthly public meetings until a new meeting year begins on Friday, Sept. 2, 1-3 pm at the United Methodist Church, 109 Hardsburgh Avenue. Until then club activities, open only to members and their guests, revolve around visiting member gardens; car-pool trips to non-member gardens and nurseries of special merit, and weekly Tuesday "group gardening" gatherings open to all to maintain and enhance plantings and other installations at Demarest Railroad Station and Davies Arboretum current civic projects.

**■ New leaders in June**

Club trustees elected in April to take office in June are Beverly Kazickas of Demarest beginning a second year as President; Judith Lamp of Norwood beginning a second year as First Vice President; and Program Chairman, Elaine Welch, beginning a sixth year as Treasurer, and Sandy Kopec, beginning a first year as Recording Secretary. Elections are held annually with presidents and vice presidents traditionally limited to two-year terms.

**■ Membership**

Membership in the Demarest Garden Club is open to all local gardeners, male and female, from any town. Dues and obligations are minimal. To join, call Membership Chairman Luisa at 201-966-9816.

**■ Demarest Railroad Gardens Civic Project**

The gardens at the Railroad station have been planted and maintained by the garden club since before the 1950s. Current work sessions begin at noon every Tuesday afternoon during the growing season. Just bring tools and gloves to participate.

**■ Davies Arboretum Civic Project**

The garden club continues to develop Davies Arboretum at 49 Anderson Avenue every Tuesday morning from 8/9 to 11 am from March 15 to October 15. Non-member volunteers and interested gardeners and residents are always welcome to attend work sessions.

New projects being added this year are additional trellises for the Vertical Garden, patio improvements, and a Community Garden where high school seniors and other volunteers are planning to raise fresh items for local food banks. Plans are also in place for G-scale trains to run for public viewing on the new solar-powered Ed's Garden Railroad Project, completed in 2010, on first Tuesdays of the month from 9 to 11 am with two garden club trains and on first Saturdays from 10 am to noon by Spencer Anderson of the Garden Railroaders of Northern New Jersey.

**■ Davies Wildlife Preserve Civic Project**

The Davies Wildlife Preserve, backing onto the Lake Road Bicycle Path and end of Orchard, was officially approved as a club project by the borough in 1989 to keep the rear approximately 12 (of 18) of the Davies Green Acres purchase as natural as possible. All behavior deleterious to wildlife or existing vegetation, other than clearing for access paths, is banned.

**HAVE A GREAT SUMMER  
FROM THE  
MAYOR & COUNCIL  
& BOROUGH STAFF**

# DEMAREST HISTORICAL SOCIETY

*May, National Historic Preservation Month*

The late Donald G. Wiggers and Jeffery and Rubena Dermksian are the recipients of the Bergen County Historic Preservation Advisory Board's 2011 Historic Preservation Commendation Award given in the category of Preservation or Restoration of a Structure, Object or Site. This was presented to members of the Wiggers family and the Demksians on May 26 in Hackensack.

Demarest has within its borders a unique structure of antiquity that has been preserved by the efforts of its owners. The Bogert Spring House sometimes called the Bogert Well House, assumedly was built around 1766 on what may have been part of the property of the Matthias Bogert who purchased 250 acres of land in 1740. The spring house was constructed near a brook on the eastern part of the Bogert property. Claire K. Tholl notes in a survey done in the 1980's that the structure was built in the late nineteenth century possibly by Crammond Kennedy who owned the property at that time.

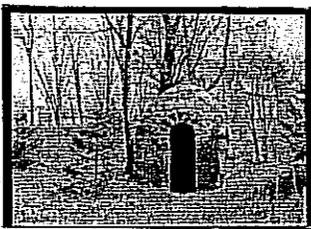
It was Donald G. Wiggers who saw to it that the structure was preserved when a home was built on the property in 1965. He built the house south of the structure, allowing some distance between the two. The spring house is located along a small brook on the property of the present owners, Mr. and Mrs. Jeffrey Dermksian. The previous owners did not demolish the spring house. However, they did cover the well hole for safety purposes.

The present owners, Jeffrey and Roubina Dermksian kept the spring house intact and safe when they recently completed an extensive renovation and addition to their home. The present driveway to the garage bypasses the spring house. Minor repairs were also made to the structure to secure some of the stone work.

The spring house is a small dome shaped structure with a carved stone finial on top. It is constructed of local stone, some of which is sandstone. There is an opening on the westerly side. It somewhat resembles a "stone igloo".

In the 1930's the Works Progress Administration recognized the Bogert Spring House in its Historic American Buildings Survey/ Historic American Engineering Record. A photo taken in 1939 as part of the survey was included in the nomination. A few other pictures were included showing various time frames.

Donald G. Wiggers and the owners of the Bogert Spring House have contributed to the preservation of a treasure of the borough of Demarest and the state of New Jersey. Children in grade four are shown this unique structure as part of their study of New Jersey history and that of Demarest. It is a unique part of our town history well preserved by the thoughtfulness of caring people. It is because of this that Donald Wiggers and Jeffrey and Roubina Dermksian were nominated for Bergen County's preservation award. Congratulations and thank you.



**Borough of Demarest  
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