

# DEMAREST DIGEST



Official Borough Newsletter  
Volume 42 No. 2 June 2010

## MAYOR'S MESSAGE

It seems as if each year has become more challenging to make ends meet in the municipal budget process. Governor Christie's unprecedented municipal and school aid cuts have punished even the most prudent and responsible municipalities and boards of education. Our 100% municipal aid cut accounts for a \$140,000 shortfall before the year even began. Regardless of these revenue cuts, costs have increased, with employee health care and electric, sewer and water utility costs far outpacing the state mandated 4% tax levy cap.

I would like to thank the members of the council and particularly Finance Chairwoman Melinda Iannuzzi for their hard work and cooperation in meeting the budget challenge. Our department heads have presented solid, fat-free operating budgets that allow services to be delivered uninterrupted while addressing the revenue shortfall. All borough employees have stepped up to the plate and cooperated to assist the Governing Body in meeting the budget challenge without the need for layoffs we are seeing in other towns.

I am personally exploring all options to share services with neighboring communities and streamline the procurement process to take advantage of bulk purchasing power. Nothing is off the table, and I am confident we can deliver more value for your tax dollar than ever before. Special thanks go to Chief Financial Officer Maureen Neville, Acting Borough Clerk Susan Crosman, Police Chief Jim Powderley and Public Works Superintendent John Crosman for their invaluable advice and assistance.

In spite of everything, long anticipated capital improvements are ongoing, including construction of a new public works facility, final planning for a downtown streetscape facelift and drainage improvements in the Orchard and Hardenburgh Avenue area. Bids were recently received for improved bike paths and the third phase of the Railroad Depot renovations. All of these are being accomplished with outside grant funding in excess of \$1,000,000. Wishing everyone a safe and healthy summer season, I am,

**MAYOR JIM CARROLL**

## DEMAREST SUMMER RECREATION CAMP

Do you want your child to have a fun-filled summer? Then sign up now for the Demarest Summer Recreation camp. Our six week summer program is offered to children ages 4-up. Camp includes daily special events, arts & crafts, sports, water activities, trips and more! Some of our special events include Water Works Day, Ping Pong Tournament, Halloween in July and much, much more. Don't miss the fun, registration is taking place now. Registration forms are available at the Demarest Borough Hall. Mail-in registration is accepted until June 19<sup>th</sup>. After June 19<sup>th</sup> there will be a late charge fee of \$100.00. Camp takes place from July 5<sup>th</sup> - August 13<sup>th</sup> from 9:00am to 1:00pm. Camp is held rain or shine. This program is offered to both Demarest residents and non-residents. The cost for Demarest residents is \$400.00 and for non-residents it is \$500.00. If you have any further questions, please feel free to call Jackie DiNuzzo-Sicheri at 201-768-0167 ext. 15.

## DEMAREST DAY IS COMING

We had such great feedback from residents that plans are in the works for our 2010 Demarest Day. Please keep your eyes and ears open for more details in the Fall edition of the Demarest Digest. If you would like to be a sponsor or volunteer, please call Police Chief Powderley at 201-768-0167 ext. 18

## RECYCLING

Grants provide money to the Borough based on our recycled paper, cardboard, glass, plastic, aluminum and batteries. Recycling is required by law. The garbage contractor may not pick up your household trash if recyclables are found in the trash. Please make every effort to recycle. It's a great chore for kids and it saves money while adding to a cleaner and safer environment. Curbside collection of co-mingled glass, plastic, and cans is on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of each month and paper and cardboard are collected curbside on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesday. Batteries (no car or motorcycle) can be recycled and containers are located in front of the fenced in tent on Wakelee Drive.

## DEMAREST FIRE DEPARTMENT

### **Fire Safety Tips:**

**Barbeques/Grills:** Please keep barbeque grills a safe distance from the siding on your home. A grill fire could spread to the home. Also, check hose & valves for leaks. Proper maintenance can help prevent dangerous grease fires. Replace or clean out the drip pan and keep the grill clean.

**Paints/flammables:** Doing a clean-up, painting or staining? Please be aware that fumes from flammable liquids or sprays cans can travel and any open flame may cause a fire. An open flame could be the pilot light on a Hot Water heater.

**Yard tools:** Use caution when refueling mowers, edgers and other yard tools. Gasoline could ignite when refueling a hot engine. Wait a few minutes for the unit to cool prior to filling it.

**Smoke & Carbon Monoxide** detectors save lives! Please check them every month.

**House Numbers:** Emergency service response can be improved if home owners would place large, well lit and easy to read house numbers on their home. A delay in locating your home could result in injury or increased property damage.

**Membership:** New members are always needed. We are a small volunteer group who prides itself on providing fast, efficient, professional service, day or night! Please consider joining our ranks as a fully trained Fire Fighter or as a member of our growing Auxiliary. Stop by the Fire House any Sunday morning for more details.

## DEMAREST AMBULANCE CORP

### **WE NEED MORE HELP**

The ambulance corps is being run by a small group of people, who give more than double the amount of time that is needed for this corps to function,

We are looking for:

**STUDENTS 16 YEARS AND OLDER (GREAT FOR COLLEGE RESUMES), AT HOME MOMS AND DADS, RETIREES** or anyone who can donate a few hours during the day.

*Please contact us at 201-767-8050*

## DEMAREST POLICE DEPARTMENT

Reminder to all residents: effective as of April 1 all motorists must now **stop** - and remain stopped for pedestrians in the crosswalk. Prior to this legislative change, motorists were required to yield to pedestrians in the crosswalk.

### ***Below are some safety tips for walkers***

- \* Wear bright-colored, reflectorized clothing, especially at night.
- \* Walk on sidewalks or paths and always cross at the corner, within marked crosswalks if provided. If there are no sidewalks, walk facing traffic and make eye contact with motorists.
- \* Never cross mid-block (unless within a marked crosswalk), between parked cars or by climbing over median barriers. This is not only unsafe, but against the law.
- \* Look left, then right and left again before crossing, and always be on the look-out for turning vehicles.
- \* Continue to look for vehicles while crossing, even when in marked crosswalks.
- \* Learn the proper use of "walk/don't walk" signals and obey them.
- \* Walk and cross with others, when possible.
- \* Do not attempt to cross while talking or texting on a cell phone. Pedestrian inattention is a common cause of pedestrian-motor vehicle conflicts.
- \* Try not to walk at night or in bad weather such as rain, snow or ice.
- \* If you drink alcohol, have someone escort you to your front door.

### ***BICYCLE SAFETY***

The Demarest Police Department would like to remind parents that under the New Jersey Statute 39:4-10.1 they are responsible to see that their children have and wear bicycle helmets for cycling, roller skating, in-line and skateboarding. Children under the age of 17 **MUST** wear helmets. Parents may be given a summons if their children do not use helmets as required



May 29th is the deadline for submissions to the The Demarest Nature Center Photo Contest. Drop off your submissions at the Bank of America branch in downtown Demarest

The Annual Breakfast in the Woods will be held on June 12 from 9-11am near the Wakelee Field tennis courts. The trustees and volunteers of the Nature Center will be cooking a great breakfast at no charge. There will be live music and a live animal show following the breakfast. The Demarest Nature Center Photo Contest winners will be announced. Please bring your own folding chairs. Rain date: June 13.

The DNC 1 Mile Trail Fun Run and 3.1 Mile Trail Run (rain or shine) will be held on September 25th. The 1 mile Run begins at 9am and the 3.1 mile Cross Country Race will begin at 9:15am on the trails of the Demarest Nature Center. Participants must register by 8:45am at the Wakelee Fieldhouse. See our website for the race route, age categories and other details.

### OKTOBERFEST

The 29th annual Oktoberfest will be held on October 9th (rain date: October 16th). The craft fair will host up to 75 crafters displaying a wide variety of homemade crafts including jewelry, woodcrafts, pottery, photography, doll clothes, painted furniture, holiday items and much more. There will also be German music, German and Korean foods, canoe rides on the duck pond and inflatable rides nearby. Interested crafters call 201-767-7054 or visit our website: [demarestnaturecenter.org](http://demarestnaturecenter.org) for more information and a crafter's contract.



### CRESSKILL-DEMAREST ROTARY CLUB

Your local Rotary club meets weekly on every Tuesday for 12:15pm lunch at Griffin's 44 East Madison Ave. Cresskill. We would like you to join us for lunch and fellowship. Find out what Rotary is all about and what we do in Demarest. Please call Joe Rodriguez at 201-568-7790 for more information.

The Demarest Free Public Library's Board of trustees meets on the second Monday of each month at 7:30pm.

The Library's Book Discussion Group also meets on the second Monday of every month at 7:30pm. The Library's Knitting Club, "Bottles & Cans" meets on the 1st and 3rd Wednesday of each month at 7:30pm.

The Library will be closed on the following dates: May 30th & 31st (Memorial Day Weekend), June 20th (Father's Day), and July 5th (Independence Day weekend). Regular library hours are 10am to 8pm Monday and Thursday; 10am to 5pm Tuesday, Wednesday and Friday; and Sunday's from 1pm until 5pm, until July 3rd, when Summer Hours commence and the Library closes on weekends through September 12th.

When you're in the neighborhood, please feel free to stop by and meet the Library's new Youth Services Director, Laurie Feistammel. And check out what's new on the Library's shelves and/or sign up for your free Demarest Library Card by visiting us on the web at [www.bccls.org/demarest](http://www.bccls.org/demarest). And to show your support for adequate library funding in the State of New Jersey, go to [www.bccls.org/champions](http://www.bccls.org/champions) and become a BCCLS Champion today!

### "ROCK AROUND THE CLOCK"

The Demarest Athletic Association & Demarest Fire Department present a "Rock Around the Clock" fundraiser Saturday, June 26 from 7-11pm at the Academy of the Holy Angels gymnasium. The event is '50s-themed & will feature dance contests, Hula-hoping & rock'n' roll from The David Christopher Nifty '50 Party Band. Calling all Fonzie's & Pink Ladies: Get out your poodle skirts and saddle shoes & get ready to do the Twists! Tickets are \$75 & can be purchased by calling John McLoughlin @ 201-538-6541, Eric Marelllo @ 201-481-0105 or Rob Amonica @ 201-784-1822, or by visiting the firehouse any Sunday between 10am to 12pm. Proceeds will go to Fire Department and Athletic Association.

**Annual Plant Sale**

Thank you Demarest residents for your fabulous support of our May 7-8 annual plant sale fund raiser. Proceeds from the plant sale allow us to offer educational programs at our public meetings, help fund planting projects this year at the Railroad Station, Borough Hall, Davies Arboretum, and Methodist Church, and finance Meals on Wheels tray favors.

**Summer break**

The plant sale marks the end of club public offerings until Friday, Sept. 5, 1-3 pm (new hours) at the United Methodist Church, 109 Hardenburgh Avenue. Members use the summer break to tend and visit private gardens, plan next year's programs, and take trips. The program for September is a Show and Tell "My summer successes, failures, and new discoveries."

**New leaders in June**

Club trustees elected in April to take office in June are Beverly Kazickas of Demarest beginning a first year as President; Judith Lamp of Norwood beginning a first year as First Vice President; and Program Chairman, Elaine Welch of Demarest, beginning a fifth year as Treasurer, and Ruth Haynes of Closter, beginning a second year as Recording Secretary. Presidents and vice presidents traditionally serve just a two-year term.

**Davies Arboretum**

Residents are invited to attend a formal dedication on Saturday June 5 at 10 am (rain date Sunday 6<sup>th</sup>) of the Arboretum's newly completed Ed's Garden Railroad. Created in memory of Edward Lamp of Norwood by the Lamp Family and the Garden Railroaders of Northern New Jersey, the project includes a solar panel for power, two g-scale tracks, and two four-car club-owned trains. Members and reliable friends of the garden and railroader clubs will eventually have access to run their own trains on what is thought to be the only public garden railroad. The latest track testing video on youtube can be viewed by searching for arboretum project 4/15/10 or this link: <http://www.youtube.com/watch?v=vx94gAMCO8s>

**High School Senior Service Project**

Six girls from the high school - Christine Borland, Jessica Cooper, Liz Daiy, Courtney Geider, Victoria Jesch, and Zoe Mattana - will be working from May 17 to June 18 with the club to spruce up public plantings at the Borough Hall, Davies Arboretum, Railroad Station, and Methodist Church. Let them know you appreciate their efforts.

**Membership**

Membership in the Demarest Garden Club is open to all local gardeners, male and female, from any town. Dues and obligations are minimal. To join, just attend any public meeting, find us on a Tuesday at Davies Arboretum 9-11 am, or call Acting Membership Chairman Pat at 201-768-3814.

All activities are held at the Railroad Depot. We welcome all residents and neighbors ages 55 and above. Monthly meetings are held on the 3rd Friday of the month. All activities except Arts & Crafts will be held daily except Tuesday, from 1-4:30pm.

On Tuesday, July 13th, is a trip to Hunterdon Hills Playhouse to see the production of "Don't Start Without Me". The play package includes a complete luncheon. The cost is \$60 which includes transportation, lunch, taxes and gratuity. The bus will be leaving the United Methodist Church at 9:15am. For reservation and additional information call 201-768-1783.

A monthly trip to Atlantic City is held on the third Tuesday of each month at a cost of \$25.00. The trip departs from the United Methodist Church.

**STAINED GLASS CLASS**

All Senior Citizens are welcome to join our Stained Glass Class on Fridays to discover the talent you did not know you had. All classes are directed by a super instructor, Mr. Luhrsen, and the materials are free. The class is held at the Railroad Depot. Surprise yourself! Many thanks to Mr. Luhrsen, who does our monthly bulletin, for his wonderful News and Art Work.

**BINGO**

All Senior Citizens are welcome to play bingo every Wednesday and Thursday @ 1pm at Railroad Depot.

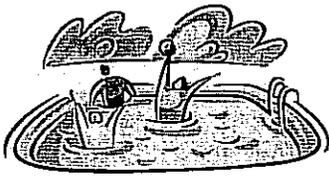
**The Academy of the Holy Angels**

**Summerfare 2010**

**Summer fun with a purpose!**

**June 28 - July 9, 2010**

Creative courses designed especially for girls in grades 5-8 in the Arts, Academics, Communications, Crafts & Technology. Girls entering grade 8 in the fall are encouraged to take advantage of the COOP Admission Exam Review sessions! Deadline to register is June 1. For information please go to [HolyAngels.org](http://HolyAngels.org) or call 201-768-7822.



The Demarest Swim Club is now accepting new applications for its upcoming 2010 season. As the club prepares for the long summer days that lie ahead, you too can plan to bask in the sun or shade and enjoy the expansive grounds and three pools. Other amenities for your enjoyment include a variety of games and activities such as ping pong, volleyball and of course the snack shack for summer fare. Children are also welcome to register for the DSC Swim and Dive teams on June 11<sup>th</sup> from 6pm to 7pm at the Wakelee Field House. Whether it's exercise and competition, socializing or just rest and relaxation, it all adds up to a summer of fun and memories at the Demarest Swim Club. Checkout our website [www.demarestswimclub.com](http://www.demarestswimclub.com) or call Jennifer Anavim at 767-4502.

### **PROPERTY MAINTANCE**

All residents please feel free to contact the Building Department @ 201-768-3398 if you should see a property that is un-kempt. We need your help in keeping Demarest beautiful.

### **BUILDING DEPARTMENT**

In order to rent or sell your home a Certificate of Continued Occupancy is required. You must complete the application, pay the required fees and have the home inspected prior to any change in Occupancy or Ownership. This process takes approximately 4 to 6 weeks, so make sure you allow ample time. Any questions please call 201-768-0167 ext# 12.

### **DEMAREST MUNICIPAL COURT**

Did you know that fines can be paid on line at [www.njmcdirect.com](http://www.njmcdirect.com)? The municipal court accepts payments 10am to 2pm Monday through Friday. Court is held the first Tuesday of every month except for November, which is held November 9th because of election day.

## **DEMAREST BOARD OF HEALTH**

### **Pet Safety Tips**

On an average summer day, the temperature of a car in the sun can reach an unbearable 160 degrees. Nine out of ten dogs die of heat prostration within 20 minutes, even with the windows partly open. If your dog is fortunate enough to survive, his heart and lungs can be permanently damaged—damage you cannot see, but which he must live with for the rest of his life. Your pet cannot perspire through his skin as people do; his lungs are his only cooling system. With nothing but overheated air to breathe, he cannot live very long. Please, if you love your dog, leave your pet at home in the shade.

### **OSTEOPOROSIS AWARENESS**

Osteoporosis is also known as the "silent disease" because bone loss occurs without any symptoms. Recognizing your risk and taking steps in prevention is the key. Osteoporosis is not just a women's disease. By age 65 or 70, men and women lose bone at similar rates. Today Osteoporosis affects 1 in 2 women over 50 and 1 and 4 men over 50. Osteoporosis can impair an individual's ability to walk unassisted and often results in prolonged or permanent disability, hospitalizations or death.

The good news is that Osteoporosis is largely preventable for most people through healthy behaviors including a balanced diet rich in calcium and vitamin D, weight bearing exercise, quitting smoking or excessive use of alcohol, and bone density testing and medications when appropriate.

The New Jersey Council on Osteoporosis encourages both men and women to get screened for osteoporosis. A bone density (DXA) scan can recognize your risk. Medicare covers DXA scans for both men and women age 65 and over. Now there's a new tool for doctors to learn more about women and men who are at high risk of fractures called FRAX (fracture risk assessment). It's a free online tool developed by The World Health Organization. Since it's a free tool for doctors' people with limited health care resources can benefit all around the world.

Are you at risk for Osteoporosis? Ask yourself these questions:

1. Is your diet low in dairy products and other sources of calcium?
2. Are you physically inactive?
3. Do you smoke cigarettes or drink alcohol in excess?
4. Have you taken high doses of thyroid medication or glucocorticoids (i.e., prednisone) for more than 3 months?

The more times you answer "yes," the greater your risk for developing osteoporosis. Take steps today to get tested.

## DEMAREST HISTORICAL SOCIETY

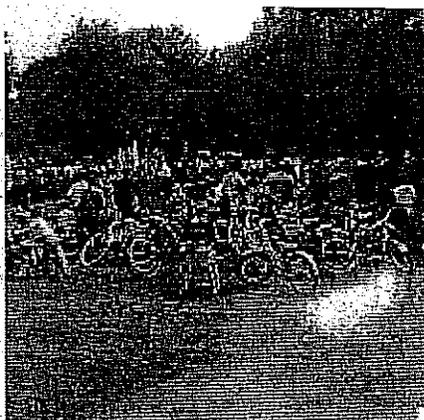
A correction has been made to the list of World War II casualties who were resident of Demarest.

William Atkinson, a resident of Demarest before service to his country, was killed on action on the U.S.S. Missisnewa December 19, 1944 in central Pacific. Atkinson was graduate of the Merchant Marine Academy, Kings Point, NY. It appears he may not have been a long time resident of Demarest and was not known enough to be recognized as casualty of WW II. William Atkinson will now be properly remembered during Demarest's Memorial Day ceremony.

Restoration work continues in our historic cemetery. Recently several more stones have been treated to reduce the chances of deteriorating. It is known that a few Revolutionary War patriots are buried there along with one known Civil War veteran. The Northern Valley Historical Historical Society newsletter will cover the history of the Sautjes Tave's Begraven Ground. This can be found in the library within the month.

Work continues to be done to keep our archives updated with new photos Etc. that residents and non-residents give to the community. If you have any information or photos of Demarest you would like to share with the present and certainly the future people of town, please let us know. Please feel free to contact Borough Historian, Mary Anne Clarke.

This was the traditional look of bikes on Memorial Day, 1950's



### ART SCHOOL AT THE OLD CHURCH

The School is offering art and cultural classes and workshops to fit even the busiest summer schedules. Multi-week summer classes for adults, teens and children run for six weeks, beginning June 28. Adult workshops are offered on select weekends and during the week. Over 100 classes and workshops are offered in a range of disciplines, including ceramics, drawing, painting, jewelry, glass, fiber arts, paper arts, photography, art appreciation and much more! This year, the school is offering two sessions of its popular BLAST OF ART! Program for kids. BLAST OF ART! is a week-long summer art program for children ages 8 - 11 years old. Classes are 1 ½ hours long; children can take as many as three classes during each session of BLAST! (up to six classes over two weeks). The first session runs from August 9 - 13 and the second session runs from August 16 - 20. Classes in both sessions are separated into age groups 6 - 8 years, 7 - 10 years, 8 & Up, 9 & Up, and 8 - 11 years. Registration is now open for summer classes and workshops. Call 201-767-7160 to register or to request a printed catalog or visit [www.tasoc.org](http://www.tasoc.org). A detailed listing of classes and workshops is available on the website (click on CLASSES & WORKSHOPS link). Registration is now open for summer classes and workshops. Call 201-767-7160 to register or to request a printed catalog or visit [www.tasoc.org](http://www.tasoc.org). A detailed listing of classes and workshops is available on the website (click on CLASSES & WORKSHOPS link).

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